

BSAP NEWSLETTER



BLACK PANTHER WAKANDA FOREVER

BY: SUSAN JACKSON

As we say good bye and celebrate our Beloved King T'Challa aka Black Panther, we have learned many life lessons in the sequel Black Panther Wakanda Forever. As the plot thickened in the movie with an emotional journey of grief, heroism, and territorial struggle, Ryan Coogler the Black Panther's creator, screen writer, and producer manages to end Black Panther with triumph over tragedy. As Shuri is now the protector of the African Nation Wakanda, she reigns with the strength from her mother Queen Ramonda and power from her brother T'Challa.



If you're reflecting on what to takeaway from the movie, according to CBR.com

(Comic Book Resources), here are the 10 Life Lessons Black Panther Wakanda Forever teaches us:

1. Treasure the time spent with loved ones
2. A person's abilities are not defined by the opinion of others
3. There isn't always an easy right or wrong answer
4. Mercy is not weakness
5. Vegeance can consume a person
6. Some things just can't be avoided
7. Don't spill secrets too easily
8. Be there for those who are grieving
9. Being able to choose is important
10. There's no such thing as an Infallible Solution

These life lessons are a conversation about the movie to reflect and connect with the most important people in our lives. As Always Wakanda Forever!

Spoiler Alert: Will T'Challa's son resurge as Black Panther? We're wondering!

KINDNESS MATTERS

KIND WORDS
can be short and
easy to speak,
but their impact can
LAST FOREVER

WINTERBREAK RETREAT! REFRESH! RESET!

BY: SUSAN JACKSON



It's that time again when winterbreak arrives and everyone is on count down to retreat, refresh, and relax.

Here are a few tips to enjoy the winterbreak:

Retreat: Find time for self-care mentally and physically

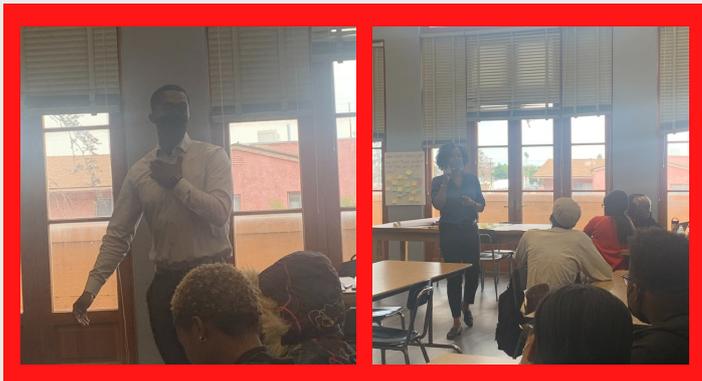
Refresh: Renew your mindset with positive thinking and goal setting.

Reset: Learn from your past mistakes and move forward with new intentions for yourself.

How many intentions? Glad you asked! Set at least 3 realistic intentions to accomplish and have an accountability friend to keep you on task.

DR. HOWARD AND ASSOCIATES PRESENTATION

Thank You to Dr. Howard and Associates for their Presentation! Our Mann UCLA Students were engaged to their presentation and provided great feedback to the presenters.



I AM BREAKING CHAIN



The I Am Breaking Chain Program is breaking barriers at Mann UCLA to build positive student camaraderie, character, and self esteem.

2ND BLACK PANTHER PARENT MEETING ON ZOOM

Time: Dec 14, 2022, Wednesday at 6:00 PM Pacific Time (US and Canada)

Meeting ID: 871 8593 4199

Passcode: 206139

BSAP RECOGNITION AWARDS



We are proud to celebrate Black Excellence for our students at The BSAP Recognition Awards! Keep up the good work students!!!

MANN

VS. MUIR



Congratulations to MANN's soccer team for their efforts against Muir Middle School's Soccer Team. Let's try for the WIN next time! Thank you to Mrs. Wright and Mr. Lubiano for their leadership in this event.

BSAP SHOUTOUTS!

Congratulations to Mann's IXL Students for the Completion of their Diagnostic Assessments Thank you to Mr. Salvador and our BSAP Team for supporting our students!



Our BSAP Team would like to wish staff, students, and families A Merry Christmas and A Happy New Year! See you in 2023!