

Mann UCLA Community School

Resource Guide

Please scroll down for the following resources:

- LA COVID-19 Testing Information
- Child Care
- Meals
- Food Pantries/Food Banks
- For Seniors
- Educational Resources
- For Immigrants & Undocumented
- Financial Resources
- Legal Resources
- Free Internet Services
- Housing/Shelters
- For Foster Youth/Former Foster Youth
- Domestic Violence

LA COVID-19 Testing Information	
L.A. County	<p>Healthcare Programs for Uninsured LA County Residents regardless of immigration status:</p> <p>http://dhs.lacounty.gov/wps/portal/dhs/mhla for info on how to enroll or call: (844) 804-0055 or (844) 744-6452</p>
myCovidMD	<p>myCovidMD safely connects residents to resources in real-time, by real people.</p> <p>We help under-resourced communities get free testing and access to telehealth services during the Coronavirus Public Health crisis.</p> <p>https://covidmd.org/</p>
Helping Hands Senior Foundation	<p>Phone Number: 818-279-6580</p> <p>Description:</p> <ul style="list-style-type: none"> • Clients 65+ with Medicare • Test are sent in the mail to client's home • Client should call center and they will give further instruction. Care coordinator will then reach out within 2-3 business days. • Days & times: anytime 9-5:30 Mon- Friday • They also provide seniors 65+ with placement assistance
Child Care	

Little Thinkers DayCare	<ul style="list-style-type: none"> • 1415 Centinela Ave, Inglewood, CA 90302 • Monday to Friday 6am - 6pm • Ages: 6 months to 11 years old • Breakfast, lunch, and snacks provided • (310) 800-2379 littlethinkers2019@gmail.com
Meals	
Ánimo College Preparatory Academy	Breakfast and lunch served between 9:00 am-noon between Monday-Friday
Food Pantries/Food Banks	
Los Angeles Regional Food Bank	Type your zip code clicking the link to find your nearest food bank. Please call the food bank before going as many are by appointment only right now
El Torito Restaurant	Will be providing free takeout meals due to the school closures for children 12 years and under without any contingencies.
All Peoples Community Center	822 E. 20th Street Los Angeles, CA 90011 Food bank open only on Fridays from 9:30 am-1:00 pm Open to local residents only with proof of income and picture ID Phone (213) 716-9115
Christian Food Center	1355 East Washington Blvd., Los Angeles, CA 90021 Food bank open Tuesday – Friday 9:00 am-3:30 pm and Saturday 9:00 am-noon Open to everyone Phone (213) 716-9115
Normandie Community Church	3801 S. Normandie Street, Los Angeles, CA 90037 Food distribution every 4th Saturday of the month at 10:45 am Must bring picture ID Phone (323) 731-7787
Praise Chapel Florence Community Church	1750 E. Florence Avenue Los Angeles, CA 90001 Food distribution every Wednesday from 9:00-10:30 am Food is distributed on a first-come, first-served basis Phone (626) 483-5728
RCCG Jesus Embassy Los Angeles	442 E. El Segundo, Los Angeles, CA 90061 Food bank every Monday at 6:00 pm Open to everyone Phone (818) 300-8640
St. Lawrence of Brindisi Catholic Church	Free canned grocery distribution from 7:00-8:30 AM on Tuesdays and Thursdays

St. Margaret's Center	10217 Inglewood Ave. Lennox, CA 90304 Must call and schedule an appointment. Distribution is only by appointment. Serving people in the 90047 zip code. ID must be provided. Phone: (310) 672-2208
WLCAC Family Source Center-Watts	Fresh produce giveaway from noon-2:00 pm on the 1st and 3rd Wednesday of each month. Call in advance to confirm food supplies are still being distributed for the scheduled times
Centro Palabra de Fe Church	Phone: 310-632-7337 Hours: Every Saturday from 11am-12pm, curbside service
Greater New Morning Star Baptist Church	Food bank open to anyone Saturdays ONLY: 7:30 to 11:00 AM (or until groceries are gone); bring your own bag(s). (323) 529-4446
Bread of Life Four Square Gospel	Food bank open to anyone Thursday: 1:00 to 3:00 PM; bring your own bag(s). (323) 309-0670
Shields for Families	Social Services Agency Food Bank 11705 Deputy Yamamoto Pl. Lynwood, CA 90262 Food bank is open to anyone Food Distribution Times: 10:00 AM to 2:00 PM (323) 242-5000 ext. 4200
Beacon Light Mission	525 Broad Street Wilmington, CA 90744 Dinner is served every day (Mon-Sun), from 6:00-6:45pm Open to everyone (310) 830-7063
East Side Riders	Meals for all. No ID required. Meals to be picked-up. Hours: Monday through Friday, 9am-11am. More info: East Side Riders Instagram
For Seniors	
Every table	The company is distributing meals to seniors who need food brought to their homes. Meals are also being made available to students. Food distribution centers that can distribute food to a large group should also contact Everytable at (323) 458-6487.

Grocery stores allowing Senior Citizen-only shopping hours	Vallarta Supermarket : 7am-8am Northgate Market : 7am-8am Big Saver Foods : 7am-8am Cardenas : 7am-8am Stater Bros Markets : 7am-8am Smart & Final : 7:30am-8am Albertsons : Tuesdays & Thursdays: 7am-9am Target : Tuesdays and Wednesdays from 8am-9am
Meals on Wheels	Taking new applicants on waitlist. Prioritizing senior citizens. To request meal service, call us at (213) 484-7775 between the hours of 8:00 am-4:00 pm, email ifyouneedmeals@stvincentmow.org , or fill out the form on the attached link
Greater Emmanuel Temple	Seniors in Lynwood, Compton, South Gate, Watts who need food delivery. Please call (424) 296-0400 to schedule food delivery 9:00 am-noon, Tuesday-Friday
Willowbrook Senior Center	12915 Jarvis Avenue Los Angeles, CA 90061 Box of food is prepackaged and ready for pick up Starting April 20th, meal pick up times will be provided over the phone. Pick up appointments are available only on Monday, Tuesday, Thursday, and Friday. Must call this number for appointment: (310) 217-5650
Mother's Market	Grocery deliveries to their homes. Stores are also opening an hour early at 6:00am on Wednesdays to allow them time to shop for groceries. Sign up for food delivery on Mother's Market site Mother's Market & Kitchen Powered by Instacart and use the code FREE4SENIORS All Mother's Market stores locations Every Wednesday, starting March 18, all stores will open at 6:00 a.m., one hour earlier, to accommodate only people who fall into high-risk populations – elderly, disabled, those with compromised immune systems, chemo patients, etc.
Educational Resources	
ABC Mouse	Preschool to 2nd grade Redeem code: SCHOOL1446
Reading IQ	Preschool to 6th grade Redeem code: SCHOOL1446
MrsVelazquezArt	Free art activities for families are home.

LA County Library	Digital resources you can access 24/7, no matter where you are. A library card number and PIN is needed for access Read eBooks and listen to audiobooks on OverDrive or Libby Stream movies and TV shows on Kanopy and Hoopla Stream music on Freegal Brainfuse provides kids and learners of all ages with one-on-one homework and tutoring from 1:00am-10:00pm every day
PBS SoCal Partnership with Bright By Text	Bright by Text is a free messaging program for parents and caregivers with children ages 0-8 years old. Messages are targeted to children’s age and include research-based content from Bright by Three, PBS KIDS , Vroom, and Sesame Street. The program is proven to build nurturing caregiver-child relationships, and positively impact a child’s healthy development and school readiness.
Sesame Street	Discover games, videos and more on topics important to you and your child
How to Navigate Zoom (Spanish)	https://youtu.be/oQFnojb6eQ https://youtu.be/vFjytPu54gM
For Immigrants & undocumented	
California Immigrant Youth Justice Alliance	Guide
Legal Aid at Work	clarity about Undocumented Workers’ Employment Rights , as well as a Coronavirus FAQs
Know Your Rights Information	KYR Red Cards
Coalition for Humane Immigrant Rights of LA (CHIRLA)	Hotline: 888-624-4752 (Providing referrals to immigrant communities to the appropriate resources)
Legal Aid at Work	List of Relief Funds for Undocumented Workers in CA. List will be updated on a weekly basis.
Organization Immigrants Rising	Tangible Support for Undocumented Communities during COVID-19 Comprehensive list of resources for undocumented families. There are resources on addressing fear and coping with stress, health access and guidance, connecting to free/low-cost resources, legal rights as employees, housing, and business and freelance support. Contact with questions: nancy@immigrantsrising.org
Financial Resources	
Click here to learn more about resources for workers impacted by coronavirus (COVID-19)	

Click here to learn more if you have been laid off, experienced reduced hours, or need tax assistance	
Benefits for workers impacted by COVID-19 and also check out the EDD's Frequently Asked Questions here .	
Utility Bill Relief	Information on bill relief from LA County Public Works and So Cal Edison
LA Job Portal	Mayor Garcetti announced the L.A. Jobs Portal, a place to support residents who's jobs have been impacted by COVID-19.
WIC	People who have been economically affected by the COVID-19 crisis and are pregnant, postpartum, or have a child under 5-years-old can apply for WIC services by texting APPLY to 91997, calling WIC at 888-942-2229, or visiting
SoCal Gas	Announced they will not disconnect services to customers who are not able to pay their bills due to COVID-19 hardships. Please call 1-800-427-2200.
Legal Resources	
Inner City Law Center	If you are in need of legal assistance, please dial our main line at (213) 891-2880 and dial 0 to leave a voice message in our general voicemail box. We will make every effort to return your call within 24-48 hours. Eviction Guidance & FAQs
Free Internet Services	
LAUSD has compiled free internet resources for children and families needing access.	
Charter Communications Spectrum Broadband : Free Spectrum broadband and Wi-Fi access for 60 days to households with K-12 and/or college students who do not already have a Spectrum broadband subscription.	
Comcast : New Internet Essentials customers will receive two free months of Internet service, which is available to all qualified low-income households for \$9.95/month plus tax.	
Zoom : Temporarily lifting the 40-minute time limit on free Basic accounts for schools affected by the coronavirus.	
Housing/Shelters	
The LAHSA Information Hotline is open and available. Call (213) 225-6581, Monday through Friday, 7:30 a.m. to 4:30 p.m. They can provide shelter referrals and winter shelter information.	
HOPICS (Homeless Outreach Program Integrated Care System)	Provides comprehensive services and integrated care for homeless and reentry community. Provide Primary and Behavioral health services, homeless services, and trauma recovery centers.

For Foster Youth and Former Foster Youth

Together We Rise

Some foster youth who live on-campus may have no home to go to when their college campuses close. If you are or know of a foster youth that is staying at a college dorm room that is going to be closed, please contact Together We Rise (info@togetherwerise.org) and they will provide or help find housing

[iFoster](#)

Offering technology access to foster youth ages 13-24, which include: free ,unlimited high-speed data hotspots, headsets, and laptops to assist in taking online classes. For additional information on the resources that they have, call or email iFoster at: 1-855-936-7837 or phone@ifoster.org

[One Simple Wish](#)

If you are, or were previously, in foster care and need a laptop for remote learning for school, email at info@onesimplewish.org

Domestic Violence

National Hotline: Call 1-800-799-7233 24/7 Or text LOVEIS to 22522

[LA County Domestic Violence Hotline](#): Call 1-800-978-3600

Up to date [list of Shelters & additional 24 hour hotlines that are still operating](#)